

## A woman who rises is one who is Available

## Introduction

Everyone has a story and the experiences in our backstory have a significant influence and impact on who we are and what our circumstances are today. The most exciting news about our stories is they are not finished! Jesus came to earth to redeem them; He wants to heal, restore and set us free, and in return, he asks us to be a tool in his hand to bring freedom to others.

## Make yourself available to God for healing and transformation.

- A. An offer of exchange. (Isaiah 61:1-3)
- B. The ransom was paid at the cross. (Isaiah 53:3-6)

The word pain in verses 3 & 4 also means \_\_\_\_\_\_ in original language.

The word transgression, translated from the Hebrew word Pesha, means \_\_\_\_\_\_.

The word iniquities, translated from the Hebrew word Avon, means \_\_\_\_\_\_.

- C. Unearth the unhealed wounds and unmet needs & take them to the cross.
- D. Partake of the healing Christ has provided & experience Shalom.

## Make yourself available to others by sharing your story. (Psa. 71:15)

- A. Telling your story is powerful. (Rev. 12:11, James 5:16)
- B. Let your story be someone else's survival guide. (Romans 10:14)
- C. Articulate. Think paragraphs or pages, not chapters.
- D. Five simple elements of a testimony.
  - 1. The theme
  - 2. The before
  - 3. The cross applied
  - 4. The after
  - 5. Summary

And provide for those who grieve in Zion- to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the LORD for the display of his splendour.