



A woman who rises is one who is *Committed*

*And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again.  
2 Corinthians 5:15*

### **Introduction**

When it comes to your commitment to Christ, are you all in? Are you willing to bet everything on God's goodness and faithfulness, regardless of your circumstances?

### **She understands the cost of discipleship.**

A. Dying in order to live. Matthew 10:37-39; Luke 14:26-29; Colossians 3:2-4

What do you think it means to pick up your cross and follow Christ?

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### **She trusts God's plan for her.**

A. Job lost his wealth, family, and his health, yet he proclaimed, "though he slay me, yet I will hope in him." Job 13:15

B. Understanding God's love for us enables us to trust Him. Ephesians 3:18-19

How can understanding God's love for you help you to trust in His goodness and faithfulness?

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## **Commitment as our spiritual discipline.**

A. What does it mean to make a commitment?

B. To practice commitment we must:

- Be honest with ourselves about our spiritual strengths and weaknesses.
- Do the hard work of determining what needs to change for us to continue growing spiritually. (Deuteronomy 30:19-20)
- Set the standards that will keep us living within the parameters God has set for us. (Acts 2:42)

C. A standard is a level of requirement, excellence or attainment. It is the ideal of what we are working towards. Unlike a rule that can be broken, a standard can still be worked towards even if we sometimes fall short.

D. The four aspects of life we can set a standard for:

1. Relationship with the Lord and spiritual growth
2. Family
3. Ministry
4. Work

E. Journal questions to help you formulate standards for maintaining a commitment:

- What is the commitment you are making?
- What in your life do you need to change?
- What do you think God wants you to change in your life?
- What guidelines can you put in place to establish a standard for change?
- What do I need to do to implement the change in my life?
- Write the standards that will help you follow through your commitment.